

SUNDAY - June 9					
Group 1		Group 2		Group 3	
2:00-3:00	On Ice	2:00-2:30	Get Acquanted	2:00-2:30	Get Acquanted
3:15-3:45	Get Acquanted	2:30-3:00	Outdoor Fun	3:00	Outdoor Fun
4:00-4:30	Dinner	3:15-4:15	On Ice	4:00-4:30	Dinner
4:45-5:30	Goalies	4:15-4:45	Dinner	4:45-5:30	Goalies
5:45-6:15	Outdoor Fun	4:45-5:30	Goalies	6:30	On Ice
6:45-7:45	Private (Skaters)	6:45-7:45	Private (Skaters)	7:45	Private (Skaters)
MONDAY - June 10					
KART KOUNTRY - Activity					
Group 1		Group 2		Group 3	
7:15-7:45	Breakfast	7:15-7:45	Breakfast	7:45-8:15	Breakfast
8:00-8:45	Training	8:00-8:30	Shooting	8:45-9:15	Shooting
9:00-10:15	On Ice	8:30-9:15	Yoga	9:30-10:15	Yoga
10:30-11:15	Yoga	9:30-10:15	Training	10:15-11:15	Training
11:30-12:00	Shooting	10:30-11:45	On Ice	11:15-11:45	Lunch
12-12:30	Lunch	12:00-12:30	Lunch	11:45-1:15	On Ice
12:45	Leave for Activity	12:45	Leave for Activity	1:45	Leave for Activity
3:15	Return from Activity	3:15	Return from Activity	4:15	Return from Activity
3:30-4:45	On Ice	3:30-4:45	On Ice	4:15-4:45	Dinner
5:00-5:30	Dinner	5:00-5:30	Dinner	5:00-6:00	On Ice
6:15-7:15	3v3	6:15-7:15	3v3	6:15-7:15	3v3
7:15-7:45	3v3	7:15-7:45	3v3	7:15-7:45	3v3
TUESDAY - June 11					
NISSWA SHOPPING - Activity					
Group 3		Group 1		Group 2	
7:15-7:45	Breakfast	7:15-7:45	Breakfast	7:45-8:15	Breakfast
8:00-8:45	Plyo	8:00-8:30	Shooting	8:45-9:15	Shooting
9:00-10:15	On Ice	8:30-9:15	Pros of the rope	9:30-10:15	Pros of the rope
10:30-11:15	Pros of the rope	9:30-10:15	Plyo	10:15-11:15	Plyo
11:30-12:00	Shooting	10:30-11:45	On Ice	11:15-11:45	Lunch
12:00-12:30	Lunch	12:00-12:30	Lunch	11:45-1:15	On Ice
12:45	Leave for Activity	12:45	Leave for Activity	1:45	Leave for Activity

3:15	Return from Activity	3:15	Return from Activity	4:15	Return from Activity
3:30-4:45	On Ice	3:30-4:45	On Ice	4:15-4:45	Dinner
5:00-5:30	Dinner	5:00-5:30	Dinner	5:00-6:00	On Ice
6:15-6:45	3v3	6:15-6:45	3v3	6:15-6:45	3v3
6:45-7:15	3v3	6:45-7:15	3v3	6:45-7:15	3v3
7:30-8:30	Privates	7:30-8:30	Privates	7:30-8:30	Privates

WEDNESDAY - June 12

HOLIDAY INN WATERPARK - Activity

Group 2		Group 3		Group 1	
7:15-7:45	Breakfast	7:15-7:45	Breakfast	7:45-8:15	Breakfast
8:00-8:45	Training	8:00-8:30	Shooting	8:45-9:15	Shooting
9:00-10:15	On Ice	8:30-9:15	Yoga	10:15	Yoga
10:30-11:15	Yoga	9:30-10:15	Training	11:15	Training
11:30-12:00	Shooting	10:30-11:45	On Ice	11:45	Lunch
12:00-12:30	Lunch	12:00-12:30	Lunch	1:15	On Ice
12:45	Leave for Activity	12:45	Leave for Activity	1:45	Leave for Activity
3:15	Return from Activity	3:15	Return from Activity	4:15	Return from Activity
3:30-4:45	On Ice	3:30-4:45	On Ice	4:15-4:45	Dinner
5:00-5:30	Dinner	5:00-5:30	Dinner	5:00-6:00	On Ice
6:15-7:15	3v3	6:15-7:15	3v3	6:15-7:15	3v3
7:15-7:45	3v3	7:15-7:45	3v3	7:15-7:45	3v3

THURSDAY - June 13

BREEZY RESORT - Activity

Group 3		Group 2		Group 1	
7:15-7:45	Breakfast	7:15-7:45	Breakfast	7:45-8:15	Breakfast
8-8:45	Plyo	8:00-8:30	Shooting	8:45-9:15	Shooting
9:00-10:15	On Ice	8:30-9:15	Pros of the rope	9:30-10:15	Pros of the rope
10:30-11:15	Pros of the rope	9:30-10:15	Plyo	11:15	Plyo
11:30-12:00	Shooting	10:30-11:45	On Ice	11:45	Lunch
12:00-12:30	Lunch	12:00-12:30	Lunch	1:15	On Ice

